

Why talk with a Nurse Practitioner?

What is a Nurse Practitioner

A Nurse Practitioner (N.P.) is a registered nurse who has advanced education (Master's or Doctorate level degree) and clinical training in a healthcare specialty. Nurse Practitioners practice under the rules and regulations of the state in which they are licensed. In addition, Catapult Health Nurse Practitioners have national certification in their area of expertise.

Catapult Health Nurse Practitioners are trained to focus specifically on the test results that are measured during each Preventive Checkup and to provide diagnosis and treatment recommendations for these risk factors and related conditions, especially diabetes, hypertension and heart disease. They are experts in helping patients develop their own plan for improved health. Catapult Health Nurse Practitioners also work closely with each patient to assist with a Primary Care Provider follow up or referral as needed.



Immediate and Private Consultation

With a Board Certified Nurse Practitioner, results are reviewed with each patient through live video technology for on-the-spot identification. This conversation is private and allows the time needed to talk about each patients health.



Live Video Technology

Catapult has created a HIPAA compliant, secure video conferencing tool. This tool provides patients with the ability to view both the Nurse Practitioner and the personal health report. The Nurse Practitioner can circle, highlight, and draw on the screen as needed.



Results

With the Nurse Practitioner, patients review results from the blood sample, body mass index measurements, and comprehensive medical review including family history. Each patient and the Nurse Practitioner creates a personal action plan with next steps to maintaining a healthy life style.



Audio Summary

At the end of the consultation the Nurse Practitioner records a one-minute audio summary of the consultation. The summary is securely posted to each patient's personal online profile along with the personal health report for 24/7 access.

